



NEWS

THANK YOU!!!

April 6th to 12th is National Volunteer Week. We want to remind everyone how important volunteering is to a non-profit organization, such as SWESA. Moreover, we extend special thanks to everyone who has given their time and energy to help SWESA accomplish everything it has this year. We look forward to your continued support.

If you would like to help us providing programs and activities for older adults in SouthWest Edmonton, please contact SWESA at 587-987-3200 or swedmontonseniors@gmail.ca to explore volunteer opportunities further.

Annual General Meeting Recap:

- Lyall Brenneis, Manager, Community Strategies and Development Branch, Community Services Department, City of Edmonton, was guest speaker and formally presented SWESA's President, Phil Brooks, with a replica of the Seniors Centres Investment Program Emerging Senior Centres Grant cheque awarded SWESA in the amount of \$100,000. He outlined programs supported by the City for older adults and congratulated SWESA for everything it has accomplished to date for seniors in SouthWest Edmonton.
- SWESA contracted Banister Research in October 2013 to conduct a comprehensive Needs Assessment to explore the interests of the SouthWest Edmonton seniors' community for social and recreational programs, and the most effective way for SWESA to meet those needs. There was strong support and a defined need for a seniors centre. Highlights from the final report are currently on SWESA's website: swedmontonseniors.ca.

- SWESA's original Bylaws were rescinded and new Bylaws approved to take their place.
- Mack Fysh and Sue Whittington were elected to SWESA's Board of Directors, each for a two-year term. They join Carol Bigam, Phil Brooks, Elnora Hibbert, David Nichiporik, Barbara Olsen, and Joe Roberts, who are all in their second year of a two-year term on the Board. David Faber completes the Board as past President.
- Alexandra Santos was introduced as SWESA's Program Coordinator effective as of April 14th. (More to follow in the next **SWESA NEWS**.)
- SWESA thanks Blue Quill Pharmacy, Chris Page & Associates, the City of Edmonton, Fred Horne (MLA for Edmonton-Rutherford) and Keg n' Cork for generously donating door prizes for the AGM. Also, thanks to Save-on-Foods for providing the snacks at the meeting.

Upcoming SWESA events:

“Toonie Talks:” (NOTE: Registration is required for ALL talks. Please confirm attendance at YECC or TCRC or by calling 587-987-3200.)

- **Home Care and Accessing Continuing Care:** Tuesday April 15th, at 10:00 to 11:00 a.m. at YECC or Wednesday, April 16th, 1:00 to 2:00 p.m. at Terwillegar Community Recreation Centre (TCRC).

Join us for COFFEE, CHAT 'N CARDS at:

- YECC, **Tuesdays and Thursdays**, 9:30 a.m. to 12:00 noon.
- TCRC, **Mondays and Wednesdays**, 1:00 p.m. to 4:00 p.m.

SWESA's Programs at YECC:

- **Gentle Yoga:** Mondays, 10:00 – 11:00 a.m., \$7.00/session.

SWESA Centre: Yellowbird East Community Centre (YECC)

10710 - 19 Avenue NW

SWESA phone: 587-987-3200

SWESA E-mail: swedmontonseniors@gmail.com

SWESA website: www.swedmontonseniors.ca