



SouthWest Edmonton
Seniors Association

NEWS

HAPPY VALENTINE'S DAY!!!

MANY THANKS to everyone who has paid the 2015 fee to become a member of SWESA. We greatly appreciate your participation and support.

WE ALSO ENCOURAGE those who have not joined yet to do so to enjoy the benefits of membership, including reduced fees for programs and activities and a discount at City of Edmonton sports and fitness facilities.

REMEMBER: let your Board know if you would like SWESA to implement a particular program or activity. We will review the feasibility of all suggestions. Our goal is to make SouthWest Edmonton a better place for people 55+ years of age to live.

I'D RATHER BE IN HAWAII!!!

Join us for a **MOCK HAWAIIAN LUAU** at Yellowbird East Community Centre (YECC) on Wednesday, February 25th, 12:00 noon to 2:00 p.m. Enjoy food with a tropical flair with other SWESA members and don't forget to wear your favorite Hawaiian outfit!!! Cost: \$8.00, members; \$12.00, non-members.

BOARD OPPORTUNITIES

SWESA is recruiting new members for election to its Board at our Annual General Meeting (April 22, 2015). All SWESA members will receive a poster with information about the application and recruitment processes.

This is a great opportunity to, help enhance life for seniors in SouthWest Edmonton and to be part of developing a vibrant Seniors Activity Centre. For more information, contact swesa.programs@gmail.com or call 587-987-3200.

PLEASE RESERVE MARCH 11TH, 1:00 TO 3:00 P.M.

SWESA is sponsoring **TABLE TOP OLYMPICS** at YECC with prizes and refreshments. Watch for further information. Registration required.

OTHER PROGRAMS:

- **Greenfield Community Luncheon** sponsored by **Petrolia Seniors** Group on Tuesday, February 17th, 11:45 a.m. to 2:00 p.m. at Greenfield Community Hall, 3803 – 114 Street. Speaker: Detective Bill Allen, Edmonton Community Police, and Weichurn Woo, Mackie Research. Topic: **Fraud and Identity Theft Protection**. Cost: \$15.00. Contact Nick at 780-435-1045 to register.
- **Seniors Caribbean Multicultural Day** hosted by **Garvey Seniors**, Garvey Cultural Centre, 12526 -126 Avenue, Friday, February 20th, 11:00 a.m. to 3:00 p.m. and sponsored by the Seniors Grant. Bus will be at YECC at 10:15 a.m.; return, at 4:00 p.m. Registration required; contact swesa.programs@gmail.com or call 587-987-3200. No cost.
- **Chinese New Year Celebration** hosted by **ASSIST Community Services** at **SAGE**, #14 Winston Churchill Square, Friday, March 6th, 12:30 to 3:00 p.m. Transportation will be provided by bus. Limited seating; registration required (see above). No cost.

SWESA Centre: Yellowbird East Community Centre
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SWESA phone: 587-987-3200
SWESA E-mail: swedmontonseniors@gmail.com
SWESA website: www.swedmontonseniors.ca