



SouthWest Edmonton  
Seniors Association

# NEWS

## JULY 29<sup>th</sup> LUNCHEON

Join your friends and colleagues to build your own sandwich, with all the fixings, salad, desserts, and good fellowship on Wednesday, July 29<sup>th</sup>. Time: 12:00 noon to 2:00 p.m.; location, Yellowbird East Community Centre (YECC) 10710 19 Ave NW. Cost: members, \$8.00; non-members, \$12.00. RSVP to [swesa.programs@gmail.com](mailto:swesa.programs@gmail.com) or 587-987-3200.

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**Seniors on the Go Bus/LRT Trip** scheduled for Monday, July 27<sup>th</sup>. Edmonton Transit Service (ETS) has arranged for SWESA members to spend a morning learning about the various accessibility features of ETS's buses and the LRT. The day starts at YECC at 8:30 a.m. with a fifteen (15) information session. The group then travels by bus to Century Park LRT Station and boards a train to the northernmost station (Clairview). The train returns to Century Park with a stop off at the legislature to walk the grounds. The bus returns to YECC for noon. Space is limited; please preregister at [swesa.pograms@gmail.com](mailto:swesa.pograms@gmail.com) or 587-987-3200. Cost: free for SWESA members; \$5.00, non-members.

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**DON'T FORGET:** *The Seniors Lounge at Terwillegar Community Recreation Centre (TCRC) is closed for the summer months.*

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**PLEASE RSVP FOR MILK CHOCOLATE DAY**, Tuesday, July 28<sup>th</sup>, 1:00 to 2:00 p.m., YECC. Do you have a sweet tooth? There will be a number of different flavored chocolate to try as well as a door prize to be won. Cost: members, \$3.00; non-members, \$5.00.

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**Check out [www.southwestmontonseniors.ca](http://www.southwestmontonseniors.ca) for upcoming FALL programming.** We are very pleased to be able to offer our members a wide variety of activities and will be running out of both YECC and the seniors lounge at Terwillegar Recreation Center. Feel free to contact SWESA staff at [swesa.programs@gmail.com](mailto:swesa.programs@gmail.com) or 587-987-3200 if you have any questions or concerns. The **Fall Program Guide** will be out mid-August and registration will open up on September 1, 2015.

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**REMEMBER:** To join other SWESA members for a road trip the Rosebud Theatre Summer Opera House featuring **The Wizard of Oz** on Wednesday, September 2<sup>nd</sup>. The bus is almost full so we are recommending members stop by the YECC office and pay to guarantee their spot. The bus leaves YECC at 7:30 a.m. for an 11:00 a.m. lunch and 1:30 p.m. show. Cost: member, \$95.00; non-members, \$115.00.

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### **KUDOS:**

- To Phil Brooks and Rutherford Heights for their donations to our recent Mexican Fiesta. You helped make the event a tremendous success!!!
- To all the SWESA members and friends who have stepped in to help when needed (including picking up garbage left by others using the outdoor facilities). We appreciate your help.

**SWESA Centre: Yellowbird East Community Centre  
10710 - 19 Avenue NW  
SWESA phone: 587-987-3200  
SWESA E-mail: [swedmontonseniors@gmail.com](mailto:swedmontonseniors@gmail.com)  
SWESA website: [www.swedmontonseniors.ca](http://www.swedmontonseniors.ca)**