



SouthWest Edmonton
Seniors Association

SouthWest Edmonton - A Great Place to Be 55+

Regular Programs

Upcoming Programs

Date	Program	Time	Cost	Location
February 26	Lisa Brokop – Holden Trip	12:00 – 8:00	\$65.00	YECC
February 27	Go Go Gadgets	1:30 – 3:00	\$2.00	TCRC
February 28	Fat Tuesday Pancakes	11:30 – 1:30	\$10.00	YECC
March 1	Qigong	10:30 – 11:30	\$7.00	PCN
March 3	Samosas with Pam	POSTPONED	\$15.00	YECC

Please be sure to check registration requirements and program details in our [Winter Program Guide](#). To register, email or call the program coordinator at 587-987-3200 or click [HERE](#).

WELCOME TO MARCH.



Click [HERE](#) for the monthly calendar.

Please Note:

CLOSED

SWESA will be closed on Wednesday, March the 1 at the YECC location. There is a large hall rental happening that day starting at 8:00 am, and there will be difficulty parking. We apologize for the inconvenience, and welcome you to drop in at TCRC for Coffee and Chat from 1:00 pm – 4:00pm.



The Big Day Has Arrived! The Patsy Cline Project

We will be departing on the bus from the YECC at noon on Sunday, February 26 and returning for about 8:00 pm. The bus will be loading and unloading on the main road in front of YECC and will not pull into the parking lot. You are welcome to park at the YECC and in the nearby church parking, as close as you can to YECC. Snacks are welcome on the bus provided we clean up after ourselves. HAVE A GREAT TIME. and please take pictures of the adventure to share when you get home.

February 27 – March 3, 2017

587-987-3200

programs@swedmontonseniors.ca

www.Swedmontonseniors.ca



Samosas With Pam has been postponed.
Pam is currently traveling in India. She will be back to offer the class on Friday, March 10 from 12:00 pm – 3:00 pm.
Please register by email [HERE](#) or call 587-987-3200.

Exploring Diversity and Inclusion

Diversity, Inclusion, Culture. These are all words now commonly used to describe our communities. Join facilitator Kaitlin Lauridsen from the Centre for Race and Culture to explore what these terms mean and offer discussions on how we can work towards creating inclusive spaces and communities.

Date: Wednesday, March 8 from 1:30 pm – 3:00 pm

Location: Yellowbird East Community Centre

REGISTRATION DEADLINES COMING UP:

St. Patrick's Day Cèilidh: Registration and payment are due March 10.

March 29 social luncheon: Registration and payment are due March 24.

Stay Connected:



SWESA's programs for spring and summer 2017 are now well on their way to being confirmed. If you have any program ideas, please do let us know!

Luncheon and entertainment with the Southwest Seniors' Outreach Society

Date: Thursdays

Location: 10832 62 Avenue

Cost: Member \$10; Non-member \$12 Please call [780-435-9515](tel:780-435-9515) for information.

On behalf of the **Canadian Multicultural Education Foundation (CMEF)**, we would like to invite you to attend the 20th Annual Harmony Brunch. Over 260 people representing all levels of provincial government, religious, cultural and Aboriginal groups, academics, businesses, youth and the media attended the event last year.

Keynote Speaker: Mr. Robert A. Philp.Q.C., Chief of the Commission and Tribunals, Alberta Human Rights Commission

Date: Sunday, March 19 at 12:30 pm (silent auction starts at noon)

Location: Chateau Nova Yellowhead Hotel (13920 Yellowhead Trail at St. Albert Trail)

Cost: \$30 per ticket Please call 780-710-9952 or 780-298-0746 to register.

Volunteering: Please contact programs@swedmontonseniors.ca or **587-987-3200** to volunteer.

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