



SouthWest Edmonton
Seniors Association

SouthWest Edmonton - A Great Place to Be 55+

Regular Programs click [HERE](#).

Upcoming Programs

Date	Program	Time	Cost	Location
March 13	Go Go Gadgets – Google Maps	1:30 – 3:00	\$2.00	TCRC
March 14	Guitar Lessons	12:00 – 2:00	\$2.00	YECC
March 14	SWESA Songbirds	12:00 – 2:00	\$2.00	YECC
March 15	Qigong	10:30 – 11:30	\$7.00	YECC
March 17	St. Patrick’s Day Ceilidh	12:30 – 2:30	\$10.00	YECC

Please be sure to check registration requirements and program details in our [Winter Program Guide](#). To register, email or call the program coordinator at 587-987-3200 or click [HERE](#).

Please Note:



If you have not met Barbara Newell, our new Home Supports Coordinator, she will be back at the YECC coffee group on Tuesday, March 14 and the TCRC coffee group on Monday, March 20. Stop by for a casual chat or give her a call at 780-860-2931.

Find out more about the Seniors Home Supports Program [Here](#).



REGISTRATION COMING DUE:

The **March luncheon** will take place on Wednesday, March 29 from 12:00 pm – 2:00 pm at the cost of \$15.00. Registration and payment are due by noon on March 24.



Annual General Meeting (AGM)

Members and guests are invited to attend the fourth annual meeting and hear about SWESA's growth, progress and plans for the future.

When: Wednesday, April 19 from 1:00 pm – 3:00 pm at YECC

Please RSVP by contacting swesa.programs@gmail.com or 587-987-3200.

Stay Connected:

Free Tax Clinic at Southminster-Steinhauer United Church

Confidential and Free Tax Preparation: Are You Eligible?

Maximum income of \$30,000.00 (one person) or \$37,000.00 (two people)

For an appointment, call 780-686-6854.

When: March 17, 24, 31 (1:30 pm – 9:00 pm) and April 7, 21, 28 (6:30 pm – 9:00 pm)

Cost: Determined by income

Strathcona Place 55+ Announces 2017 John W. Bilsland Literary Award

This year the contest is open to all residents 55+ from the provinces of Alberta, British Columbia, Saskatchewan, and the Yukon. All entries must accompany the entry fee and comply by the rules and regulations posted [HERE](#). There is a cash prize of \$500.00 for each of the three categories – short story (fiction), short story (non-fiction), and poetry. The cut-off date for entering is June 22, 2017.

Petrolia Seniors' Group (55+) invites you to enjoy lunch and a program.

Noel Somerville, Chair of Public Interest Alberta's Seniors' Task Force, will speak about The Current State of Seniors' Care in Alberta.

When: Tuesday, March 21 from 11:45 am (sharp) – 2:00 pm

Location: Greenfield Community Hall (3803 - 114 Street)

Cost: \$15.00 For more information or to CONFIRM your attendance call Betty 780-434-0711.

April program: April 18 – Allen Bleiken will speak about Global Terrorism

Free Dress Rehearsal at Alberta Ballet

The Community Dance – Capital District Association has been asked to participate in this very special performance, honoring both Alberta Ballet's 50th Anniversary and Canada's 150th birthday in one magnificent legacy ballet, exploring our province and country through folk and country music legend Gordon Lightfoot.

A free dress rehearsal will be held on Thursday, May 11 at 7:30 pm. You will need to pay parking at the Jubilee Auditorium. If you would like to attend, please contact Lorraine Oracheski at 587-269-2691 or Stephen Dufresne at 780-909-4493 and indicate the number of people you would like to reserve under your name. We need a total number by Friday, April 14. Seating for this dress rehearsal will be on a first come - first serve basis.

Volunteering: Please contact programs@swedmontonseniors.ca or **587-987-3200** to volunteer.

Special Events:

We are looking at moving towards a special events committee at SWESA.

Are you experienced with

- event planning and design within time limits,
- working with customers to identify their needs and ensure customer satisfaction,
- organizing facilities and details such as decor, catering, entertainment, transportation, location, invitee list, special guests, equipment, promotional material, etc?

If so, please contact the program coordinator at swesa.programs@gmail.com

March 13-17, 2017

587-987-3200

programs@swedmontonseniors.ca

www.Swedmontonseniors.ca