



SouthWest Edmonton  
Seniors Association

SouthWest Edmonton - A Great Place to Be 55+

Regular Programs click [HERE](#).

Upcoming Programs

Date	Program	Time	Cost	Location
March 20	Book Club	9:30 – 11:30	\$5.00/s	YECC
March 21	Jam Session	12:00 – 2:00	\$2.00	YECC
March 22	Qigong	10:30 – 11:30	\$7.00	YECC
March 23	Retirement Income Blueprint	10:30 – 12:00	\$2.00	YECC
March 24	Line Dancing with Michelle	11:30 – 12:30	\$15.00	YECC

Please be sure to check registration requirements and program details in our [Winter Program Guide](#). To register, email or call the program coordinator at 587-987-3200 or click [HERE](#).

Please Note:



The Retirement Income Blueprint program is designed to show retirees how to address special issues and draw out retirement income in the most tax efficient manner. Topics include the differences between the accumulation and the "income" market, tax-efficient disassembly of RRSPs, and more. Take home practical tools and strategies all reflecting a proven process. This session includes how to maximize the government pensions that many retirees miss out on and the tax-free GIS for low-income seniors. Thursday, March 23 from 10:30 am – 12:00 pm at YECC



**CLASS CHANGE**

The time of the line dance class with Michelle has changed from 2:00 – 3:00. We will now be running the class from 11:30 pm – 12:30 pm. Please call or email the program coordinator if you are registered for this class to confirm that you can make it or to request your refund. Sorry for any inconvenience.



**Annual General Meeting (AGM)**

Members and guests are invited to attend the fourth annual meeting and hear about SWESA's growth, progress and plans for the future.

**When:** Wednesday, April 19 from 1:00 pm – 3:00 pm at YECC

**Please RSVP** by contacting [swesa.programs@gmail.com](mailto:swesa.programs@gmail.com) or 587-987-3200.

## **Stay Connected:**

**Fabulous Fabric Frenzy** – The Grandmothers to Grandmothers Campaign, through the Stephen Lewis Foundation, presents this annual sale. Donations of fabric, yarn, and notions may be dropped off at the Strathearn United Church (alley door) ONLY on Thursdays from 10:00 am – 2:00 pm until April 13.

**Date:** Saturday, April 22 from 9:30 am – 3:30 pm

**Location:** Strathearn United Church, 8510 – 95 Avenue

**Cost:** \$1.00 admission

For more information please call Phyllis at 780-469-6327 or Judy at 780-434-0036.

**Edmonton Lifelong Learners Association Announces Spring Session** – Register for the spring session at the University of Alberta and receive high-calibre instruction with no prerequisites, exams or homework. Enjoy lively discussion, meet new people and learn in a comfortable and friendly environment. Courses are offered in (1) music, (2) art, (3) science, (4) global affairs, (5) finance, (6) wellness, and (7) fitness.

**Date:** Monday, May 1 to Friday, May 19

**Location:** University of Alberta, various locations

**Cost:** \$250.00 for up to four courses, for three weeks (bursaries are available)

For more information, please call 780-492-5055 or visit [www.my-ella.com](http://www.my-ella.com)

## **Dinner, Comedy Theatre and Transportation to The Crimson Cap Ladies Bare It All**

The cost includes return coach bus transportation, dinner, dessert, and non-alcoholic beverages. Alcoholic beverages will be available at your own cost. Tickets are non-refundable but may be transferred.

Bus will pick up guests at the Millwoods Seniors Centre at 5:00 pm and drop off at the same location at about 11:30 pm.

**Date:** Saturday, May 6 (dinner at 6:30 pm, show at 7:45 pm)

**Location:** Calmar, Alberta

**Cost:** \$50.00

For more information, please call Shirley at 780-463-6908.

**Volunteering:** Please contact [programs@swedmontonseniors.ca](mailto:programs@swedmontonseniors.ca) or 587-987-3200 to volunteer.

## **Special Events:**

We are looking at moving towards a special events committee at SWESA.

Are you experienced with

- event planning and design within time limits,
- working with customers to identify their needs and ensure customer satisfaction,
- organizing facilities and details such as decor, catering, entertainment, transportation, location, invitee list, special guests, equipment, and promotional material?

If so, please contact the program coordinator at [swesa.programs@gmail.com](mailto:swesa.programs@gmail.com)

## **Program Registration Volunteers:**

Registration for the SWESA spring/summer season will be on April 26, 27 and 28 from 9:00 am – 1:00 pm. If you are interested in assisting the program coordinator, please let us know.

This would require individuals who are friendly, outgoing and have great attention to detail.

Shifts would be from 9:00 am to 11:00 am or 11:00 am – 1:00 pm.

March 20-24, 2017

587-987-3200  
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[www.Swedmontonseniors.ca](http://www.Swedmontonseniors.ca)