



		<h1>August</h1>			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	
	COFFEE CHAT N' CARDS 930-12 CANASTA 12-3	MAH JONG 930-12 Bridge 12:30 - 3 @YECC BEAUTIFUL BONES 1-230@ YECC	PLAYERS CHOICE CARDS 930-12 PET THERAPY SOCIETY 10-12@YECC TOTAL BODY FITNESS 10-11	ART GROUP 930-12 EDMONTON ABORIGINAL SENIORS CENTRE 10-1 KNITTING/STITCHING (11:30 - 3)	
7	8	9	10	11	
SWESA CLOSED 	COFFEE CHAT N' CARDS 930-12 CANASTA 12-3	MAH JONG 930-12 Bridge 12:30 - 3 @YECC	PLAYERS CHOICE CARDS 930-12 Digital Storytelling 10:30 - 12:00 TOTAL BODY FITNESS 10-11 BOARD MEETING	ART GROUP 930-12 MEDICATION MANAGEMENT 1030-1130 @YECC KNITTING/STITCHING (11:30 - 3)	
14	15	16	17	18	
BOOK CLUB (9:30 - 11) @ YECC GENTLE YOGA 10-11 GET SMART ANTIBIOTICS 130 - 3	COFFEE CHAT N' CARDS 930-12 CANASTA 12-3	MAH JONG 930-12 Fraud Prevention 1230-2 Bridge 12:30 - 3 @YECC	PLAYERS CHOICE CARDS 930-12 Digital Storytelling 10:30 - 12:00 TOTAL BODY FITNESS 10-11	ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3)	
21	22	23	24	25	
GENTLE YOGA 10-11	COFFEE CHAT N' CARDS 930-12 CANASTA 12-3 SLEEP HYGIENE 12-2	MAH JONG 930-12 Bridge 12:30 - 3 @YECC COFFEE AND CHAT 1-4 TCRC Farmers Market 430-7	PLAYERS CHOICE CARDS 930-12 Digital Storytelling 10:30 - 12:00 TOTAL BODY FITNESS 10-11	ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) NACHO DAY 1230-2 	
28	29	30	 SouthWest Edmonton Seniors Association		
GENTLE YOGA 10-11 IKEBANA 11 - 12	COFFEE CHAT N' CARDS 930-12 GO GO GADGETS @ YECC 1030-12 CANASTA 12-3	MAH JONG 930-12 Bridge 12:30 - 3 @YECC SWESA luncheon 12:00 - 2:00			
YELLOWBIRD EAST COMMUNITY CENTRE (YECC) 10710-19Avenue					
TERWILLEGAR COMMUNITY RECREATION CENTRE (TCRC) 2051 Leger Road					
SPECIAL EVENTS - Please see program guide for details and pre-registration info.					
Board and Committee Events					
** - Luncheon registration and payment is due at noon on the Friday prior to the event.					