
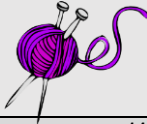



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3		MAH JONG 930-12 Bridge 12:30 - 3 @YECC FREEWILL SHAKESPEARE FESTIVAL 7pm - 11pm		PLAYERS CHOICE CARDS 930-12 FITNESS 10-11		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) 	
10		11		12		13		14	
GENTLE YOGA 10-11 HOW WE HEAR 1:30 - 2:30 @ YECC		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3		MAH JONG 930-12 Bridge 12:30 - 3 @YECC DIGITAL STORYTELLING 10-1130@YECC		PLAYERS CHOICE CARDS 930-12 Fitness 10-11 SWESA COOKS PC KITCHEN 11-1 BOARD MEETING 1-3		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3)	
17		18		19		20		21	
BOOK CLUB (9:30 - 11) @ YECC GENTLE YOGA 10-11		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3		MAH JONG 930-12 DIGITAL STORYTELLING 10-1130@YECC Bridge 12:30 - 3 @YECC STRATHCONA STREETCAR 6-8pm		PLAYERS CHOICE CARDS 930-12 TOTAL BODY FITNESS 10-11		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3)	
24		25		26		27		28	
GENTLE YOGA 10-11 RIVER CREE BUS TRIP 10-3 		COFFEE CHAT N' CARDS 930-12 GO GO GADGETS @ YECC 1030-12 CANASTA 12-3 HOT FUDGE SUNDAE 1230-2		MAH JONG 930-12 DIGITAL STORYTELLING 10-1130@YECC Bridge 1230-300 SWESA luncheon 12:00 - 2:00		PLAYERS CHOICE CARDS 930-12 TOTAL BODY FITNESS 10-11		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3)	
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GENTLE YOGA 10-11									

YELLOWBIRD EAST COMMUNITY CENTRE (YECC) 10710-19Avenue  
 TERWILLEGAR COMMUNITY RECREATION CENTRE (TCRC) 2051 Leger Road  
 SPECIAL EVENTS - Please see program guide for details and pre-registration info.  
 Board and Committee Events

\*\* - Luncheon registration and payment is due at noon on the Friday prior to the event.

*Siwesa*  
 SouthWest Edmonton  
 Seniors Association

