



SouthWest Edmonton
Seniors Association

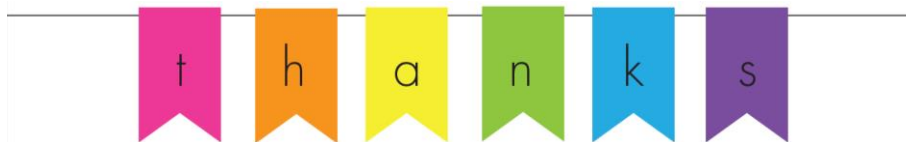
SouthWest Edmonton - A Great Place to Be 55+

Regular Programs Click [HERE](#).

Upcoming Programs

May 22	CLOSED for Victoria Day		BOTH	
May 23	"Mix Music" Line Dancing	12:00 – 1:00	YECC	\$10.00
May 23	Guitar Lessons	12:00 – 2:00	YECC	\$10.00/s
May 24	SWESA LUNCHEON	12:00 – 2:00	YECC	\$15.00
May 25	Golden Years, Golden Gloves	10:00 – 11:00	YECC	\$10.00

Please Note:



SWESA's first ever casino is happening over the long weekend. We would like to extend our sincere THANKS to all of our volunteers for their dedication and support! Stop by and see them in action on Sunday from 9:00 am until 3:30 am on Tuesday morning.

Shirley Adam, Shahin Akbary-Soofi, George and Linda Allen, Judy Baker, Carol Bigam, Phil Brooks, Bill and Helen Chrapko, Selmer Hanson, Rick Herdner, Elnora Hibbert, Michael and Cheryl Karpow, Glen Kissick, Grace Koenig, Randy Kwong, Louise Lapore, Arlene Marvin, Kathy Morris, Emily Mueller, Leona Penner, Bob Power, Jim Quilley, Derek Quittenton, Sam and Susan Radke, Jo Royal, Fred Rumpel, Bea Sidhu, Judy Speight, Lawrence Tymko, Barbara Villanueva, and Sue Whittington

The May 24th luncheon menu will include Greek chicken, parmesan roasted potatoes, corn medley, broccoli and cauliflower salad, and fresh baked buns.



Seniors' Pancake Breakfast

In celebration of Seniors' Week, your friends from the southwest community leagues and SWESA invite you to join us for pancakes, sausages, juice, and coffee.

When: Tuesday, June 6 from 9:00 am – 11:00 am

Location: Blue Quill Community Centre (11304 - 25 Avenue)

Cost: FREE Registration is not required.

May 22-26, 2017

587-987-3200
programs@swedmontonseniors.ca
www.Swedmontonseniors.ca

Think Locally – Genealogy with John Althouse

John Althouse is a graduate of the University of Alberta and worked as a school teacher in the Edmonton Catholic School District for nearly thirty-five years. He has been the author and editor of several publications related to education. He has always had a strong interest in heritage and history. He has written articles on genealogical themes for *Relatively Speaking* and is currently the acting editor of *Clandigger*, the newsletter of the Edmonton branch of the Alberta Genealogical Society. He joins us at SWESA to share some of his resources about how you can get started on your own family history, right here in Edmonton.

When: Wednesday, June 7 from 1:00 pm – 3:00 pm

Location: Yellowbird East Community Centre

Cost: Member \$10; Non-member \$15 **Registration is required by May 24.**

Twin Brooks Seniors Garage Sale and Fundraiser

Please join us to support the Twin Brooks Seniors Program in purchasing a ping pong table for the hall. If you are looking to declutter, they are seeking donations of household/garage items/personal accessories/books/toys/ or sports equipment. Arrangements for drop offs and pick ups of your items can be made by contacting Ida Richards at [780-989-5431](tel:780-989-5431). All unsold items will be donated to [Inclusion Alberta](#). Volunteers are welcome.

When: Sunday, June 18 from 11:00 am – 5:00 pm

Location: Twin Brooks Community League (11341 - 12 Avenue)

Stay Connected:

Central Lions Seniors Association Presents Bob Layton

Bob Layton will be sharing tales from his new book which will be available for sale (\$20 each) and signing books starting at 2:30 pm. All proceeds will be donated to 630 CHED Santas Anonymous, Global TV's Give Me Shelter, and the Edmonton Police Foundation. To help CLSA plan for this event, confirm attendance in-person or by phone at 780-496-7369 using barcode #608561. Drop-ins are also welcome.

When: Monday, June 5 from 1:30 pm – 2:30 pm

Location: Central Lions Seniors Association (11113 – 113 Street)

Cost: FREE

The Garvey Seniors and the Jewish Seniors Present Jamaica Culture Day

Please join us for a day celebrating the culture of Jamaica. Refreshments will be available as well as cultural education. Registrants are responsible for providing their own transportation to and from this event.

When: Thursday, June 8 from 11:30 am – 1:30 pm

Location: Jewish Senior Citizen's Centre (10052 - 117 Street)

Cost: \$10 **You must register by June 2** by calling Svetlana at 780-466-4977.

Volunteering: Please contact programs@swedmontonseniors.ca or **587-987-3200** to volunteer.

Thank you to those who expressed interest in joining the luncheon committee. We had our first meeting this week and the ball is rolling. If you have any interest or suggestions, please contact Bob and Barb Hoddinott at barbarahoddinott@yahoo.ca

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