



SouthWest Edmonton
Seniors Association

SouthWest Edmonton - A Great Place to Be 55+

Regular Programs Click [HERE](#).

Upcoming Programs:

Date	Program	Time	Location	Cost
June 5	Connecting to Nature	11:00 – 12:00	YECC	\$2.00
June 5	Go Go Gadgets	1:30 – 3:00	TCRC	\$2.00
June 6	Pancake Breakfast	9:00 – 11:00	Self-drive	FREE
June 6	“Mix Music” Line Dancing	12:00 – 1:00	YECC	\$10.00
June 6	Guitar Lessons	12:00 – 2:00	YECC	\$10.00/s
June 7	Genealogy	1:00 – 3:00	YECC	\$10.00
June 8	Golden Years, Golden Gloves	10:00 – 11:00	YECC	\$10.00
June 8	Semiannual Global Review	10:00 – 12:00	YECC	\$2.00

Please Note:

Seniors’ Pancake Breakfast

In celebration of Seniors’ Week, your friends from the southwest community leagues and SWESA invite you to join us for pancakes, sausages, juice, and coffee.

Location: Blue Quill Community Centre (11304 - 25 Avenue) **Cost:** FREE drop-in

Handmade Cards

We wish to extend our appreciation to Nancy Rae. Her handmade card workshop was beyond our wildest exectations. Nancy shared her extensive personal collection of pressed flowers with the group in addition to a lesson in colour theory and composition. If we offer this workshop again, I highly suggest you take advantage of a quality instructor and an amazing low-cost activity that gives even the most uncreative people an opportunity to create.



June 5 - 9, 2017

587-987-3200

programs@swedmontonseniors.ca

www.Swedmontonseniors.ca

Semiannual Global Financial Market Review and Forward Outlook

Join Wei Woo as we discuss the latest updates on political, economic and market developments in the world that currently are affecting your retirement savings and investment strategies now and into the future. We will also look at what to expect for the second half of the year.

Canada Day Luncheon

Check out our Canada Day lunch poster [HERE](#). The registration deadline is Friday, June 23 at noon. We have also listed a call for volunteers to help make this special event a success.

Stay Connected:

You are invited to attend one of five public drop-in sessions on two projects: Advancing Age Friendly Edmonton and Edmonton Seniors Centres Strategy. For your convenience, the projects are hosting public engagement sessions at the same time and location. These are separate projects, but you are welcome and encouraged to participate in both.

These interactive drop-in sessions will provide the public a chance to learn about the projects, ask questions, identify priorities and validate next steps. Your input will help determine how the City is addressing age-friendly priorities and supporting healthy ageing in Edmonton.

They are drop-in events, and refreshments will be provided. All ages are welcome, because we are all getting older and a city that is friendly for seniors is a city that is friendly for all!

June 6, 2017 from 4:00 pm – 8:00 pm Royal Canadian Legion Branch 14339 - 50 St.	June 22, 2017 from 4:00 pm – 8:00 pm City Hall #1 Sir Winston Churchill Square
June 13, 2017 from 4:00 pm – 8:00 pm Terwillegar Community Recreation Centre Tournament Rooms 2 and 3, 2051 Leger Rd.	June 25, 2017 from 10:00 am – 3:00 pm Callingwood Farmer's Market 69 Avenue & 178 Street (Safeway parking lot)
June 14, 2017 from 4:30 pm – 8:30 pm Mill Woods Seniors & Multicultural Centre Rooms 229 and 231, 2610 Hewes Way #210	

Volunteering: Please contact programs@swedmontonseniors.ca or 587-987-3200.

Canada Day Lunch – We are seeking help in the following roles under the support and management of our luncheon committee:

Kitchen preparation: Help us ensure that the fixings are ready and that all the food is put out hot and fresh. The required shift is from 10:30 am – 12:00 pm.

Kitchen cleanup: We need assistance to ensure that the kitchen is cleaned up and disinfected. All food and materials must be removed from the kitchen area from 1:30 pm – 3:00 pm.

Game leader (assistant): One of our fabulous SWESA members has games planned, but she does require someone to help her to coach our attendees through the fun from 1:30 pm – 3:30 pm.

Registration desk: Help us keep track of who attends our event from 11:00 am – 12:00 pm.

If any of these positions are of interest to you, please let us know by email [here](#).

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