



SouthWest Edmonton
Seniors Association

SouthWest Edmonton - A Great Place to Be 55+



[Regular Programs](#)



[Seniors Home Supports Program](#)

Upcoming Programs

July 24	Bus Trip to River Cree	10:00 – 3:00	YECC	\$5.00
July 25	Hot Fudge Sundae Day	12:30 – 2:00	YECC	\$8.00
July 26	Digital Storytelling	10:00 – 11:30	YECC	\$5.00/s
July 26	SWESA LUNCHEON	12:00 – 2:00	YECC	\$15.00
July 27	Walking Group	9:00 – 10:00	YECC	\$5.00/s
July 27	Golden Years, Golden Gloves	10:00 – 11:00	YECC	\$10.00

Please Note:

We had so much fun on the Old Strathcona Streetcar!
Thank you to the [Edmonton Radial Railway Society](#) for all your work to keep this experience going for Edmontonians.



SWESA in the media

Did you see the [“New library, seniors centre proposed for contentious surplus school site”](#) headline in the July 18 issue of the Edmonton Journal? Have you “heard” rumor of a new senior’s centre in the southwest? Come get the real story from your board members on Tuesday, July 25 from 11:00 am – 12:00 am in our YECC coffee room.

July 24-28, 2017

587-987-3200

programs@swedmontonseniors.ca

Home Supports: 780-860-2931

www.Swedmontonseniors.ca



EPL has received funding to build digital storytelling kits. With the help of library staff, we will share our stories that will contribute to forming the foundation of a collection of Edmonton's stories that will be saved and shared for years to come. [Here](#) is a great example. Join us Thursdays, from 10:30 am – 12:00 pm (August 17, August 24, August 31). **Register by August 14.** Location: Yellowbird East Community Centre Cost: Member \$5

Stop and say "Hi" to our SWESA volunteers at the Taste of Edmonton (July 24 and 26 from 11:00 am – 6:00 pm). Wondering how to go about sampling the delicious food showcased? Tickets can be purchased on site at the ticket centre in Churchill Square during the event from July 20 – 29. Most dishes and drinks will cost you two to four tickets. For more information, check <http://tasteofedm.ca/tickets>

The bus to the River Cree Casino will leave YECC at 10:00 am sharp and return just prior to 3:00 pm.

Stay Connected:

K-Days and Rodeo

The K-Days Rodeo kicks off the fun at the Northlands Coliseum. Experience the excitement as professional athletes ride, rope and bronc their way to victory in one of the richest one-headers in North America.

Kick up your heels with rides, live entertainment, music and food after the action.

When: Friday, July 21 – Sunday, July 23

Location: Northlands (7300 - 116 Avenue)

Cost: It's all included in your K-Days gate admission (while supplies last)

For more information, phone 1-888-800-7275 or check website at <http://k-days.com/>

Volunteer:

Twin Brooks Program Hosts

This fall, SWESA will be offering some programs at the Twin Brooks Community League. We hope to offer a weekly Toonie Talk from 12:00 pm – 2:00 pm on Wednesdays or Thursdays. Hosts play an important role at SWESA. They are responsible for creating a warm, social atmosphere with visitors and for ensuring everyone is safe in a vibrant environment. Our hosts embody SWESA's values of social and cultural inclusion and having FUN.

Please contact the [program coordinator](#) if this position is of interest.

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