



[Regular Programs](#)



[Seniors Home Supports Program](#)

Upcoming Programs

August 14	Book Club	9:30 – 11:30	YECC	\$5.00/s
August 14	Get Smart about Antibiotics	1:30 – 3:00	YECC	\$2.00
August 16	Senior Fraud Prevention	12:30 – 2:00	YECC	\$2.00

Please Note:

ALL PROGRAMS IN THE AUDITORIUM ARE CANCELLED THIS WEEK due to a children's day camp booking at YECC.



FALL 2017 Program Guide

We have some exciting news to share along with the release of our Fall 2017 Program Guide. As you will see, we have begun to offer programs at two additional neighbouring locations, the [Twin Brooks Community League](#) and the [William Lutsky YMCA!!!](#)

Program registration will take place at YECC on August 16-18 from 9:30 am – 1:00 pm. Cash or cheque is accepted. Paper copies of the guide will be available in the office on **Wednesday, August 16.**

We would like to extend our thanks to both organizations for their support for seniors' programs. The YMCA has also offered a free two-week trial pass to members of SWESA. Please read more [HERE](#).

SWESA MONTHLY LUNCHEON
Lazy, Hazy, Crazy, Days of Summer

Join us for a garden party-style lunch! We will offer a variety of salads, cold cuts, breads/buns and toppings. Dessert, lemonade, tea and coffee are included. Wednesday, August 30 (12 pm – 2 pm)

If you wish to dress to suit the theme, throw on your casual tacky tourist attire. Once again, we will be offering door prizes and a great environment with friendly folks! **Registration is due August 25.**



We wish to congratulate Petrolia Seniors on their 30th Anniversary Celebration

Over one hundred seniors met at Greenfield Community Hall on June 20th for a celebratory lunch and program to mark the anniversary of Petrolia Seniors. The inaugural meeting was held in 1987 in response to a survey of seniors undertaken by Southminster-Steinhauer United Church. Seniors have enjoyed speakers, entertainment, good food, field trips and the opportunity to socialize and make new friends. We wish them all the best with their organization as they continue to offer social and education opportunities to members in the SW.

Stay Connected:

Alberta Human Rights Act Age Amendments

The Government of Alberta is seeking input on proposed changes to the Act concerning age discrimination. Your perspectives and feedback will allow them to make informed changes. There is a [guide](#) to help participants focus their thoughts and responses.

Submit your written response by August 31 to the Alberta Human Rights Act - Age Amendments Team by email at JSG.ageexceptions@gov.ab.ca.

Cariwest is one of Edmonton's most colourful and vibrant festivals! Running 30 years, it was introduced to fill the need of Caribbean Canadians to share their music, cuisine and carnival culture. The three-day event includes a Friday night costume extravaganza in Churchill Square, a Saturday parade down Jasper Avenue, and the Caribbean Village with lively entertainment all day Saturday and Sunday in Churchill Square.

When: August 11 – 13

Location: Find out more [HERE](#).

Edmonton Airshow

Excitement is in the air—literally. Get ready to be dazzled by tailslides, loops, snap rolls, hammerheads, low-level knife-edge passes and other incredible feats in the sky. From aerobatic biplanes and multi-engine aircrafts to bush planes and remote-control airplanes, you'll find a wide variety of aircrafts as you celebrate the rich history and modern evolution of aviation.

When: August 19 – 20

Location: Highway 633 (approximately 15 km from St. Albert)

Cost: \$27/person, kids under 7 free For more information, click [HERE](#).

Volunteers:

Luncheon volunteers – Could you assist with the registration table, setup, takedown, meal prep, kitchen cleanup, and garbage clear out? Please email Barb [HERE](#).

August 14-18, 2017

587-987-3200

programs@swedmontonseniors.ca

Home Supports: 780-860-2931

www.Swedmontonseniors.ca