



November 2017 SWESA Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p style="text-align: center;">SouthWest Edmonton Seniors Association</p>				
		1	2	3
		Mah Jong 9:30 - 12 Tai Chi 12 - 1 Bridge 12:30 - 3 Miracle Ear 12:30 - 2:30 Coffee and Chat 1 - 4	Golden Years Golden Gloves 10 - 11 Guitar Lessons 10 - 12 Mix Music Line Dance 12 - 1 Community Drumming 12 - 1 Floor Curling 1:30 - 3	Art Group 9:30-12 Knitting/Stitching 11:30 - 3 Essentrics 1 - 1:30
6	7	8	9	10
Book Club 9:30 - 11:30 Spanish 10 - 12 Gentle Yoga 10 - 11 Coffee and Chat 1 - 4 Pickleball 1:30 - 3	Coffee and Chat 9:30 - 12 Canasta 12 - 3 Telus WISE 1230-230	Mah Jong 9:30 - 12 Bridge 12:30 - 3 SWESA Travel 10-12 Tai Chi 12 - 1 Bridge 12:30 - 3 @YECC Coffee and Chat 1 - 4	Golden Years Golden Gloves 10 - 11 Drive Happiness 11-12 CommUNITY Drumming 12-1 Floor Curling 1:30 - 3	Art Group 9:30-12 Healthy Food 10:30 - 11:30 Knitting/Stitching 11:30 - 3 Essentrics 1 - 1:30
13	14	15	16	17
 <p style="font-size: 2em; color: red; font-weight: bold;">CLOSED</p>	Coffee and Chat 9:30 - 12 Canasta 12 - 3	MAH JONG 930-12 Physician-Assisted Dying 10-12 YECC Bridge 12:30 - 3 @YECC Coffee and Chat 1 - 4	Guitar Lessons 10 - 12 Golden Years Golden Gloves 10 - 11 BOARD MEETING The Role of ETFs in Retirement Pfs 10-12 Home Supports 1230-130 TBCL Floor Curling 1:30 - 3	Art Group 9:30-12 Knitting/Stitching 11:30 - 3 Essentrics 1 - 1:30
20	21	22	23	24
Spanish 10 - 12 Gentle Yoga 10 - 11 River Cree Bus Trip 10 - 3 Coffee and Chat 1 - 4 Pickleball 1:30 - 3	Coffee and Chat 9:30 - 12 Canasta 12 - 3	MAH JONG 930-12 Bridge 12 - 3 SWESA luncheon 12:00 - 2:00 TCRC CLOSED	Golden Years Golden Gloves 10 - 11 Turning Down Anxiety 10-12 Floor Curling 1:30 - 3	Art Group 9:30-12 Knitting/Stitching 11:30 - 3 Essentrics 1 - 1:30
27	28	29	30	
Spanish 10 - 12 Gentle Yoga 10 - 11 Coffee and Chat 1 - 4 Go Go Gadgets 1:30 - 3 Instagram Pickleball 1:30 - 3	Coffee and Chat 9:30 - 12 Go Go Gadgets 10:30 - 12 all devices Canasta 12 - 3	MAH JONG 930-12 Rosebud Theatre 7:30 am - 8:30pm Bridge 12:30 - 3 @YECC Coffee and Chat 1 - 4	Golden Years Golden Gloves 10 - 11 Guitar Lessons 10 - 12 Floor Curling 1:30 - 3	
YELLOWBIRD EAST COMMUNITY CENTRE (YECC) 10710-19Avenue TERWILLEGAR COMMUNITY RECREATION CENTRE (TCRC) 2051 Leger Road TWIN BROOKS COMMUNITY LEAGUE (TBCL) 11341 12 Ave NW WILLIAM LUTSKY YMCA (YMCA) 1975 111 St NW SPECIAL EVENTS - Please see program guide for details and pre-registration info. Board and Committee Events				
** - Luncheon registration and payment is due at noon on the Friday prior to the event.				