

OCTOBER 2017 SWESA Programs

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
GENTLE YOGA 10-11 SPANISH 10-12 Home Supports 1:30 - 2:30pm COFFEE AND CHAT 1-4		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3 Boosting Memory 1230-3 Navigating the Rivers of Grief 1-3 YECC		MAH JONG 930-12 Bridge 12:30 - 3 @YECC TAI CHI 12-1 PHOTO ORGANIZING 1230-2 COFFEE AND CHAT 1-4		GUITAR LESSONS 10-12 GOLDEN YEARS GOLDEN GLOVES 10-11 MIX MUSIC LINE DANCE 12-1 BOARD MEETING 1-3		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) ESSETRICS 1-130 Board Booking 1-3 (FR)	
9		10		11		12		13	
CLOSED 		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3 Boosting Memory 1230-3 Navigating the Rivers of Grief 1-3 YECC		MAH JONG 930-12 Bridge 12:30 - 3 SWESA TRAVEL 10-12 TAI CHI 12-1 TBCL COFFEE AND CHAT 1-4 WILLS AND ESTATES 2-3		GOLDEN YEARS GOLDEN GLOVES 10-11 MIX MUSIC LINE DANCE 12-1 YOUR LIFE YOUR LEGACY 1030-12		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) ESSETRICS 1-130 Edmonton Waste Management 1-3	
16		17		18		19		20	
ELECTION DAY SPANISH CANCELLED Book club 930-1130 COFFEE AND CHAT 1-4		COFFEE CHAT N' CARDS 930-12 WEAR SOMETHING GAUDY 9-11 CANASTA 12-3 Boosting Memory 1230-3 Navigating the Rivers of Grief 1-3 YECC		MAH JONG 930-12 COMMUNITY DRUMMING 10-11 TAI CHI 12-1 Bridge 1230 - 300 PHOTO ORGANIZING 1230-2 COFFEE AND CHAT 1-4		GUITAR LESSONS 10-12 GOLDEN YEARS GOLDEN GLOVES 10-11 MIX MUSIC LINE DANCE 12-1		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) ESSETRICS 1-130 SENIORS ADVOCATE 1-3	
23		24		25		26		27	
GENTLE YOGA 10-11 COFFEE AND CHAT 1-4 SPANISH 10-12 Implications of Trump's Presidency for your Retirement Portfolio 1230-230 Jen off		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3 Navigating the Rivers of Grief 1-3 YECC		MAH JONG 930-12 TAI CHI 12-1 Bridge 1230-3 SWESA luncheon 12:00 - 2:00 TCRC CLOSED		GOLDEN YEARS GOLDEN GLOVES 10-11 MIX MUSIC LINE DANCE 12-1 CommUNITY Drumming 12-1 AMA GO SOLO 10-11		ART GROUP 930-12 KNITTING/STITCHING (11:30 - 3) ESSETRICS 1-130 Edmonton Waste Management 1-3 AIR QUALITY INDEX 11-12	
30		31							
GENTLE YOGA 10-11 SPANISH 10-12 LUNCH COMMITTEE 1-2 COFFEE AND CHAT 1-4		COFFEE CHAT N' CARDS 930-12 CANASTA 12-3 GO GO GADGETS @ YECC 1030-12							
YELLOWBIRD EAST COMMUNITY CENTRE (YECC) 10710-19Avenue TERWILLEGAR COMMUNITY RECREATION CENTRE (TCRC) 2051 Leger Road									
SPECIAL EVENTS - Please see program guide for details and pre-registration info.									
Board and Committee Events									
** - Luncheon registration and payment is due at noon on the Friday prior to the event.									