



[Regular Programs](#)



[Seniors Home Supports Program](#)

Upcoming Programs:

Sept. 11	Book Club	9:30 – 11:30	YECC	\$5.00/s
Sept. 12	Selecting a Financial Advisor	10:00 – 12:00	YECC	\$2.00
Sept. 12	Boosting Your Memory	12:30 – 3:00	YECC	\$20.00
Sept. 12	Navigating the Rivers	1:00 – 3:00	YECC	\$10.00
Sept. 13	Gnocchi Making	11:00 – 1:00	YECC	\$10.00
Sept. 14	SWESA Travel Interest Group	10:00 – 12:00	YECC	Free
Sept. 14	Everyone Has a Bucket List	10:00 – 12:00	YECC	\$2.00
Sept. 14	“Mix Music” Line Dance Class	12:00 – 1:00	YECC	\$10.00
Sept. 15	Essentrics for Seniors	1:00 – 1:30	YECC	\$10.00
Sept. 15	Waste Management Facility Tour	1:00 – 3:00	Self-drive	\$5.00

Find out more about our Fall Programs [HERE](#).

Please Note:

Don't Miss the



We have some **registration deadlines** coming up this month:
September Luncheon – September 15
Candy Cane Tea at the Valley Zoo – September 29

Castor Pharmacy Museum Bus Trip

The Edmonton Seniors Centre has offered to arrange a pickup of SWESA members who may be interested in learning more about the history of the early turn-of-the-century Western Canadian pharmacy. This is a very large collection with some unique collections of narcotic jars and calendars. Cabinets of patent medicines from the 1950's back to 1900 will evoke memories of former treatments used by families.

When: Wednesday, September 27, 9:30 am
REGISTRATION DEADLINE September 20

Location: Pickup at YECC for 10:00 am

Cost: \$40 includes lunch

Selecting a Suitable Financial Advisor: Sept. 12 from 10:00 am – 12:00 pm

Who we choose as our financial advisor has a great influence on our satisfaction with financial services and on our personal financial wellbeing. Factors to consider when selecting the right advisor and financial institution include (1) the quality of financial planning advice, (2) investment performance, (3) the amount of client communication, and (4) the pay structure of the financial institution. Just as every individual is different, every advisor is unique. Join Wei Woo as we discuss how to find your best fit.



Did you miss the bocce ball tournament at our garden party?

The Green Goblins and Red Rebels closed their afternoon visit with a friendly game on the front lawn of YECC. Thank you to Rob Agostinis for organizing this little extra!

Stay Connected:

Capital Line South Survey

The first survey, conducted over the summer and early fall 2017, is seeking

- information on your understanding of the Capital Line South Extension,
- your comments and concerns,
- your input on the existing preliminary design, and
- your input on the potential addition of a Twin Brooks station.

Take the survey [HERE](#).

Volunteer, Meet Our Greeters:



Pat has been an integral part of getting the front desk volunteer program up and running. She has spent hours transferring her wealth of knowledge and experience into a comprehensive orientation, establishing process and policies to ensure a smooth start and making sure that everyone feels like they are a part of a team!

Pat and her husband Jim have two successful sons and six grandchildren who all love and are loved dearly by their Grandma. Pat loves to garden, read, travel and try new recipes.

September 11 – 15, 2017

587-987-3200

programs@swedmontonseniors.ca

Home Supports: 780-860-2931

www.Swedmontonseniors.ca