



Coming up this week:

Dec. 11	Book Club	9:30 – 11:30	YECC	\$5.00/s
Dec. 11	Gentle Yoga	10:00 – 11:00	YECC	\$10.00
Dec. 11	Cribbage	12:30 – 3:30	YECC	\$2.00
Dec. 11	Coffee and Chat	1:00 – 4:00	TCRC	Closed until January
Dec. 11	Pickleball	1:15 – 3:00	YMCA	\$2.00
Dec. 12	Coffee Group	9:30 – 11:30	YECC	Donation
Dec. 12	Hand and Foot Canasta	12:30 – 3:00	YECC	\$2.00
Dec. 13	American Mahjong	9:30 – 11:30	YECC	\$2.00
Dec. 13	Contract Bridge	12:00 – 3:00	YECC	\$2.00
Dec. 13	Honourable Lori Sigurdson	1:15 – 2:15	TCRC	Free
Dec. 13	Christmas Lights Bus Tour	6:00 – 8:00	YECC	\$15.00
Dec. 14	Cribbage	9:00 – 11:30	YECC	\$2.00
Dec. 14	Golden Gloves	10:00 – 11:00	YECC	\$10.00
Dec. 15	SWESA LUNCHEON	12:00 – 2:00	YECC	SOLD OUT

Please Note:



We had a wonderful time at the Valley Zoo Candy Cane Tea. There was a children's choir, special furry and scaled guests and lovely desserts and company.

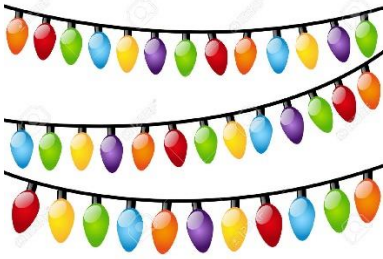
One of our members even got to ride an elephant. 😊



SWESA has had a few calls from Curves members inquiring about our programs in the wake of the Blue Quill location closing. We welcome all Curves members to try out one of each of our health and fitness classes for FREE in the first two weeks of December.

- Mondays – Gentle Yoga from 10:00 – 11:00 at YECC
- Thursdays – Golden Gloves from 10:00 – 11:00 at YECC





The Christmas Lights Tour is now full, and we have finalized the two pickup locations. The first pickup will be at YECC at 6:00 pm with TCRC following at 6:20 pm. We will arrive at Candy Cane Lane at 6:45 pm (30 minutes). We will arrive at the Legislature at 7:35 pm (25 minutes). Travel to Terwillegar for 8:25 pm drop off. Travel to Yellowbird for 8:45 pm drop off. Please [email](#) or call Jennifer at 587-987-3200 to confirm your preferred location for pickup.

Stay Connected:

[The Great Canadian Winter Family Fun Festival \(A Canada 150 Event\)](#)

The Winter Family Fun Festival is proudly brought to you by [Oak Hills Community League](#). This year's event offers indoor and outdoor activities for everyone in the family including:

- Les Bucherons - French Canadian maple sugar shack
- sleigh rides and Christmas carolling
- outdoor fire with s'mores and bannock making
- music and dance performances
- food booths and hot chocolate and coffee station

And, of course, no winter festival would be complete without a visit from Santa!

When: Saturday, December 9 from 12:00 pm – 4:00 pm

Location: Mother Margaret Mary Catholic High School

Cost: FREE [find the poster here](#).

[Seniors' Centre Without Walls](#)

A seniors' centre from the comfort of your own home! Join us for a variety of interactive telephone-based social and health programming, free of charge, providing opportunities to socialize, learn new skills and stay connected. A new series of participant-selected topics is offered every four months.

The program is funded in part by the Government of Canada's New Horizons for Seniors Program.

Program catalogue available here: [2017 December Seniors Centre Without Walls Program](#).

To register, please call 780-395-2626. No referral is necessary.

Volunteers:

Book Club Kit Coordinator:

Are you familiar with online ordering from Edmonton Public Library? Do you access EPL's programs or services? The SWESA book club is looking for a coordinator who will order, collect and return book club kits. You do not have to attend the book club to help. Training is provided.

Please contact programs@swedmontonseniors.ca if you are interested.