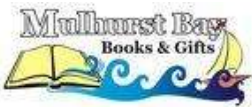


**Coming Up This Week:**

Date	Program	Time	Location	Cost
Apr. 23	Gentle Yoga	9:45 am – 11 am	YECC	\$10.00
Apr. 23	Mulhurst Bay Books & Gifts	10:30 am – 11:30 am	YECC	Free
Apr. 23	Cribbage	12:30 pm – 3 pm	YECC	\$2.00
Apr. 23	Coffee and Chat	1 pm – 4 pm	TCRC	Donation
Apr. 23	Go Go Gadgets: General Tech Help	1:30 pm – 3 pm	TCRC	\$2.00
Apr. 23	Pickleball	1:30 pm – 3 pm	YMCA	\$3.00
Apr. 24	Coffee and Chat	9:30 am – 12 pm	YECC	Donation
Apr. 24	Go Go Gadgets: General Tech Help	10:30 am – 12:30 pm	YECC	\$2.00
Apr. 24	Hand and Foot Canasta	12:30 pm – 3 pm	YECC	\$2.00
Apr. 25	American Mahjong	9:30 am – 12 pm	YECC	\$2.00
Apr. 25	SWESA Luncheon	12 pm – 2 pm	YECC	<b>FULL</b>
Apr. 25	Contract Bridge	12:30 pm – 3 pm	YECC	\$2.00
Apr. 25	Coffee and Chat	1 pm – 4 pm	TCRC	Donation
Apr. 26	Cribbage	9:30 am – 11:30 am	YECC	\$2.00
Apr. 26	Golden Years, Golden Gloves	10 am – 11 am	YECC	\$10.00
Apr. 26	“Mix Music” Line Dance	12 pm – 1 pm	YECC	\$10.00
Apr. 26	Stretch and Strengthen Yoga	1 pm – 2 pm	YECC	\$10.00
Apr. 26	Floor Curling	1:15 pm – 3 pm	YMCA	\$3.00
Apr. 27	Art Group	9:30 am – 12 pm	YECC	\$2.00
Apr. 27	Knitting/Stitching Group	11:30 am – 3 pm	YECC	\$2.00
Apr. 27	Essentrics for Seniors	1 pm – 1:30 pm	YECC	\$10.00
Apr. 27	Cinema Cronies	Cancelled	YECC	

The Winter 2018 Program Guide is available online [HERE](#).  
The Spring/Summer Program Guide is available online [HERE](#).

**Please Note:**



**Mulhurst Bay Books & Gifts**

Join Kathy and Dave as they tell about their journey transforming a 1950's United Church of Canada site into a locally owned book and gift shop in a community beside Pigeon Lake. During the summer, they offer pie and ice cream. Their presentation will provide interesting information about a small selection of their books. Some second-hand books will available for purchase.

**When:** Monday, April 23 from 10:30 am – 11:30 am

**Location:** Yellowbird East Community Centre

**Cost:** Free

# Spring Fling UNDER THE TUSCAN SUN

## Stay Connected:



**ETS**  
Edmonton Transit System

## Volunteers:



### SPRING FLING TICKET SALES

We are halfway sold out for this first-time major fundraiser. Thank you for the support. Tickets are available at the YECC office Monday through Friday from 9:00 am – 3:00 pm (2:00 pm Thursdays). If you have any questions, can offer raffle items, or would like to volunteer for setup on the day of the event, please let us know [here](#).

**Cost:** \$45 per person or \$360 per table of 8.

### Fabulous Fabric Frenzy

Don't miss this popular annual fabric sale! Bargains galore! Proceeds benefit the Grandmothers to Grandmothers Campaign through the Stephen Lewis Foundation.

**When:** Saturday, April 21 from 9:00 am – 3:30 pm

**Location:** Strathearn United Church (8610 – 96 Ave) **Cost:** Free

Did you know that there is a farmers' market on wheels here in Edmonton? The [CD Fresh X-Press](#) is working with 35 Alberta farmers to make sure that there are fresh (local when available) alternatives available to residents in Edmonton. Working closely with a local bakery and donating leftover foodstuffs to the Edmonton Foodbank, this new way of serving Edmontonians is something to see.

The Edmonton Transit System is proposing a new [Bus Network Redesign](#). From April 12 until June 14, Edmontonians are being asked to help refine the new draft. There is an online survey available [here](#) and upcoming workshops listed [here](#).

### Taste of Edmonton

Once again, SWESA will be manning the ticket booths for a few days at this annual food festival. If you are interested in volunteering, please [signup here](#) or contact the program coordinator [here](#). Full training is offered for those who have not previously participated.

### SWESA Volunteer Tea

As a valued SWESA volunteer, we invite you to attend our Annual Volunteer Tea so that we can thank you in person for your service.

Lunch will be served by our Board of Directors.

**When:** Wednesday, May 16 from 11:00 am – 2:00 pm

Please RSVP by April 30 to [Carol](#) (780-434-7558) or [Anne](#) (780-465-7066).

April 23 - 27, 2018

587-987-3200  
[programs@swedmontonseniors.ca](mailto:programs@swedmontonseniors.ca)  
Home Supports: 780-860-2931  
[www.Swedmontonseniors.ca](http://www.Swedmontonseniors.ca)