

Coming Up This Week:

Date	Program	Time	Location	Cost
July 9	Book Club: Dear Life by Alice Munro	9:30 am – 11:30 am	YECC	\$5/season
July 9	Gentle Yoga	9:45 am – 11 am	YECC	\$10.00
July 9	Volunteer Committee Meeting	10 am – 12 pm	YECC	Free
July 9	Cribbage	12:30 pm – 3 pm	YECC	\$2.00
July 10	Coffee and Chat	9:30 am – 11:30 am	YECC	Donation
July 10	Taste of Edmonton Training	10 am – 12 pm	YECC	Free
July 10	Hand and Foot Canasta	12:30 pm – 3 pm	YECC	\$2.00
July 11	American Mahjong	9:30 am – 12 pm	YECC	\$2.00
July 11	Bus Trip to Premium Outlet Mall	10 am – 3 pm	YECC	\$15.00
July 11	Contract Bridge	12:30 pm – 3 pm	YECC	\$2.00
July 12	Cribbage	9:30 am – 11:30 am	YECC	\$2.00
July 12	Golden Years, Golden Gloves	10 am – 11 am	YECC	\$10.00
July 12	Walking Group	10:30 am – 11:30 am	YECC	\$5/season
July 12	“Mix Music” Line Dance	11:30 am – 12:30 pm	YECC	\$10.00
July 12	Stretch and Strengthen Yoga	1 pm – 2 pm	YECC	\$10.00
July 13	Art Group	9:30 am – 12 pm	YECC	\$2.00
July 13	Knitting/Stitching Group	11:30 am – 3 pm	YECC	\$2.00
July 13	Essentrics for Seniors	1 pm – 1:45 pm	YECC	\$10.00

Please Note:

Earlier this year, SWESA conducted our annual membership survey. We were amazed at the amount of responses we received. Thank you again for taking the time to shape your organization. We assure you that every response was thoughtfully reviewed.

[You can see the results here.](#)

Special Event Registration Deadlines

Hot Fudge Sundae Day – July 11
[Birchwood Meadows \(video click here\) – July 31](#)

SWESA Spring/Summer 2018

All program details are available in our SWESA program guide. For more information or to register, contact us [here](#) or call 587-987-3200.

We have some [Spring Fling photos](#) up on the website.

Thank you to Zaff A. for volunteering to capture some memories of this first-time event for us.

If you have photos of SWESA events, please send them to the program coordinator [here](#).

Stay Connected:

Condominium Legislation Modernization Project Team

You are invited to participate in an [online public](#) survey to gather input on the second stage of regulations for the Condominium Property Amendment Act (CPAA). For more information about the stage-one changes, please visit condo.alberta.ca.

The second stage contains regulations covering condominium governance. These changes include:

- Voting procedures and general meeting notices
- Access to condominium documents
- Financial considerations
- Rental deposits
- Insurance requirements
- Reserve funds

In the [online survey](#), we are seeking your feedback on the draft regulations. Your input will be used to assess the regulations and determine if they are responsive, properly formulated, and effectively implement the proposed amendments to the Act.

To participate, please follow the [survey link](#). The survey is open from June 28 to July 31, 2018.

GeriActors 3rd Annual Summer School

If you've EVER acted or NEVER acted, this is the program for you! Turn your stories into plays, learn about acting, improvise, create dynamic characters, and eat delicious snacks. Register in person at SAGE Seniors Association (#15 Sir Winston Churchill Square) or call 780-423-5510.

When: Fridays: July 13, 20, 27 and August 3 from 3:00 pm – 5:00 pm

Cost: \$20

Volunteers: We need your help!

Urgent! Taste of Edmonton is Approaching – 4 Spots Left!

We only have a few shifts available at this annual food festival. Volunteers will be selling tickets inside ticket booths to patrons. If you'd like to volunteer, please [sign up here](#) or contact the program coordinator [here](#). In-person training will be at YECC on July 10 from 10:00 am – 12:00 pm. Call 587-987-3200 or visit programs@swedmontonseniors.ca for more information.

Data Entry Volunteers

Do you have experience with Microsoft? Are you familiar with Excel?
We are looking for volunteers to help us maintain our electronic records.
Please contact Jennifer [here](#) for more information or to express interest.

Program Committee Member

This committee guides the development, implementation and evaluation of SWESA's recreation, educational, and health-related programs for members, including all courses, clubs and other membership programs. We meet once monthly at YECC and consist of a SWESA director, the program coordinator and individual volunteers from the general membership.
Please contact Program Committee Chair Judy Baker [here](#).

July 9 - 13, 2018

587-987-3200

programs@swedmontonseniors.ca

Home Supports: 780-860-2931

www.Swedmontonseniors.ca