

Coming Up This Week:

Date	Program	Time	Location	Cost
Nov. 26	Gentle Yoga	9:45 am – 11 am	YECC	\$10.00
Nov. 26	Cribbage	12:30 pm – 3 pm	YECC	\$2.00
Nov. 26	Coffee and Chat	1 pm – 4 pm	TCRC	Donation
Nov. 26	Pickleball	1:30 pm – 3 pm	YMCA	\$3.00
Nov. 27	Coffee and Chat	9:30 am – 12 pm	YECC	Donation
Nov. 27	Go Go Gadgets	10:30 am – 12 pm	YECC	\$2.00
Nov. 27	Hand and Foot Canasta	12:30 pm – 3 pm	YECC	\$2.00
Nov. 27	ESSETRICS for Seniors	1 pm – 1:45 pm	eOne	\$10.00
Nov. 27	Intermediate Watercolors	1 pm – 3 pm	YECC	\$97.50
Nov. 28	American Mahjong	9:30 am – 12 pm	YECC	\$2.00
Nov. 28	SWESA Luncheon	12 pm – 2 pm	YECC	FULL
Nov. 28	Contract Bridge	12:30 pm – 3 pm	YECC	\$2.00
Nov. 28	ESSETRICS & CARDIO	1 pm – 2 pm	eOne	\$10.00
Nov. 28	Coffee and Chat	CLOSED	TCRC	Donation
Nov. 29	Stretch and Strengthen Yoga	9 am – 10 am	YECC	\$10.00
Nov. 29	Cribbage	9:30 am – 11:30 am	YECC	\$2.00
Nov. 29	Golden Years, Golden Gloves	10:15 am – 11:15 am	YECC	\$10.00
Nov. 29	Cabaret Dance	11:30 am – 12:30 pm	YECC	\$65/session
Nov. 29	Pickleball	1:30 pm – 3 pm	YMCA	\$3.00
Nov. 30	Holistic Decluttering part 2	9:30 am – 11:30 am	YECC	\$20.00
Nov. 30	Art Group	9:30 am – 12 pm	YECC	\$2.00
Nov. 30	Knitting/Stitching Group	11:30 am – 3 pm	YECC	\$2.00
Nov. 30	ESSETRICS for Seniors	1 pm – 1:45 pm	YECC	\$10.00

Colors indicate special classes or events.

Coming Up This Month: Please call 587-987-3200 to register or [click here](#) for the program guide.

Nov. 28 – Christmas Lights registration due	Dec. 1 – Amahl registration due
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The Christmas luncheon is now full. If you have registered and paid for the event but are unable to attend, please let us know as soon as possible. With 112 seats available at the luncheon and 541 members to accommodate, every seat counts. We are now taking names on a waiting list.

Please Note:



SWESA 2019 Casino News

Save the date! SWESA received our notice for the casino license from the Alberta Liquor and Gaming Commission. SWESA will need volunteers to man our largest fundraiser on April 15 and 16, 2019.

If you are interested in supporting us at this event, please email Shirley Adam at shirl.adam@gmail.com.



Stay Connected:



November 26 – 30, 2018

SWESA holiday closures listed in the program guide and calendars initially showed that we would be closed on December 27, 28 and 31. To keep people connected over the holidays, we will be open at Yellowbird from 12:30 pm to 3:00 pm on these days. We will not be offering scheduled classes, but we will offer hot coffee, friendship and a place to share your leftover sweets.

Chartwell Wescott Grey Cup Party

Gather your friends, wear your team jersey and join us to watch the big game! See the poster [here](#).

When: Sunday, November 25 from 4:00 pm – 7:00 pm

Location: Chartwell Wescott Presentation Centre
(102 - 16224 - Ellerslie Road SW)

RSVP Louis Bloom 587-988-5981 or April Williamson 780-722-4153

Christmas In the Heartland

If you don't have plans this weekend and want to escape the city, Christmas in the Heartland is a self-drive tour of eight unique venues steeped in tradition. Local halls and churches will be filled with artisans and crafters, ice carvings, nativity displays, sleigh rides, holiday caroling and more. Local venues will be featuring different aspects of a traditional Christmas – Brookville Hall, Good Hope Hall, Moyer Rec Centre, Partridge Hill Hall, Bethany Lutheran Church, Josephburg Community Church, Heartland Hall (North Contact Office), and Bremner House.

When: Saturday, November 24 from 10:00 am – 4:00 pm with varied times on Sunday, November 25

Location: Various locations throughout Strathcona County

Maps and more details can be found [here](#).

Busing is available, and bus tickets are available through Strathcona County Economic Development and Tourism. Please call 780-464-8095 for purchase locations.

Tour the locations with this interactive map:

<https://tinyurl.com/ycup4jbm>.

587-987-3200

programs@swedmontonseniors.ca

Home Supports: 780-860-2931

www.Swedmontonseniors.ca